



ramblers
at the heart of walking

Oswestry Group Programme & Newsletter

March to June 2017





Ramblers Charity: England & Wales No: 1093577 Scotland No: SC039799

TOGETHER

A moment to pause. Breathing in clear air. Sharing interests and conversations as you ponder the hills ahead. We have your passion for exploring worldwide and in the UK.

Choose any of our holidays and we'll contribute funds through **The Walking Partnership** to your group. Just tell us their name when you book.

Book a great value holiday:
ramblersholidays.co.uk
or call **01707 386804**



Walking holiday partner



**Ramblers
Walking
Holidays** **R**

Chairman's Chat

Greetings to one and all and though we are now into February may I wish that everyone's 2017 is going well. You should find the role of the committee members at the end of this programme.

Can I ask that when you are out walking that you have a pair of secateurs with you to cutback any hawthorn and bramble that may restrict a stile or your route. If you come across any problem that you cannot solve please contact our footpath officers or Peter Carr the PP3 co-ordinator who will see what can be done.

Again I would like to thank our walk leaders and the walk co-ordinators for their efforts in getting this new programme ready for you. Remember that walk leaders may have been out on 1 or 2 occasions prior to leading the walk, so help them to enjoy leading the walk by LETTING THE LEADER LEAD.

We are always needing new walk leaders so if anyone would like to try there is plenty of help around. Also if there are any who would like to help clear paths or repair stiles or just to survey a nearby path please let Peter Carr know. Thank you and have a great time walking.

Colin Chandler, Chair of Oswestry Ramblers

Area News

This will be replaced with a regular half-yearly newsletter.

Dates for Your Diary

- ANGLESEY WALKING HOLIDAY, MONDAY 15TH MAY – 17TH MAY Contact Barbara Pryce Jones at prycejones40@btinternet.com or on 07866 532 979 if you are interested.
- SUMMER WALK AND PUB LUNCH Details will be announced at a later date.
- ABERYSTWYTH COASTAL WALKING AWAY-DAY, THURSDAY 29TH JUNE See attachment for details.
- DOVEDALE HF HOLIDAY, FRIDAY 6TH OCTOBER – MONDAY 9TH OCTOBER Please contact Jane Hadlow at j.hadlow486@btinternet.com or 01691 650470 if you are interested.

Programme

Dogs: Only 'Registered Assistance Dogs' are allowed on Oswestry Group walks

Details of the Oswestry programme can always be found our group Website at www.oswestryramblers.org.uk. Details of walks by other Groups in the Shropshire Area can be found at www.shropshireramblers.org.uk

Walk meeting points, grades and guidelines

Times stated in the programme are at the meeting point. Please arrive early to allow time for leaders to issue instructions and arrange car sharing.

Note: If you intend going directly to the walk start point, it must be understood that if, due to unforeseen circumstances, the walk has to be changed or cancelled, the leader is unlikely to travel to the walk start point. ***If in doubt check with the leader on the day of the walk.***

- **Thursday morning walks**
Approximately 4 to 5 miles, maximum grade Moderate and walked at a moderate pace. Normal meeting time 10:00 in ***Gatacre car park***, Oswestry.
- **Sunday long walks**
Usually more challenging walks, grade up to and including Strenuous. Normal meeting time 9:30 in the ***main Oswestry Car park*** in front of the flats.

- **Sunday medium walks**

6 to 8 miles, maximum grade Moderate and walked at a moderate pace. Normal meeting time 10:00 in the **main Oswestry car park** in front of the flats.

- **Sunday afternoon walks**

4.5 miles maximum and grade up to Moderate. Normal meeting time 13:15 in the **main Oswestry car park** in front of the flats.

Our walks are graded in accordance with the Ramblers national guidelines. Full details can be found at <http://www.ramblers.org.uk/go-walking/find-a-walk-or-route/about-group-walks/walks-difficulty.aspx>

In order to provide transport to participants without cars and to keep the number of cars to a minimum, the majority of walks have a central meeting point before proceeding to the starting point. **It is suggested a voluntary contribution towards fuel costs, as detailed on our Web Site, be offered to car drivers.**

To simplify matters each walk in the programme is assigned a travel zone.

When parking at the walk start, please ensure that cars do not block gates. Please take passengers in your car if driving to the walk start point rather than the official meeting place.

Date and meeting time	Description	Grade & Distance (Miles)	Leader
Thurs 02/03/2017 10:00	From Oswestry Racecourse to Pant Glas using field paths and quiet lanes with some short steep climbs. Zone A	Moderate 5	Dave M 07816 293401
Sun 05/03/2017 10:00	From Rhos we follow fields and paths passing through the remote Hamlet of Tai-Nant then north to Cae-Hwyd reservoir, 'good views 360deg'. Passing Ty Mawr reservoir we return along quiet lanes and tracks. Zone B	Moderate 5	Pat LG 01691 656132
Sun 05/03/2017 09:30	Acrefair to the Ty Mawr Reservoir. Zone B	Moderate 10	George 01691 718427
Thurs 09/03/2017 10:00	Llantysilio Hills from Ponderosa climbing up to Moel-y-Fan and Moel-y-Gamelin. Good views. Zone C	Moderate 6	Huw & Janet 01691 658134
Sun 12/03/2017 09:30	A Moderate Plus walk from Llangynog tp Pistyll Rhaeadr, tracks and open moorland with good views. Zone B	Moderate 9	Dave M 07816 293401
Thurs 16/03/2017 10:00	From Caergwrle to Waun-y-Llyn Country Park using footpaths and minor roads. Zone C	Moderate 5.5	Dave M 07816 293401
Sun 19/03/2017 09:30	From Llangollen we climb steadily via Allt y Badi to reach Y Foel, good views. On a good path we reach a section of the North Berwyn way to cross moorland. Return is a long but steady descent. Zone B	Moderate 8.5	Gwen 01691 623362
Thurs 23/03/2017 10:00	From Marbury near Whitchurch to Wirswall where we get good views and return via fields and quiet lanes. Zone C	Moderate 5	Chris H 01691 624797
Sun 26/03/2017 09:30	A walk through undulating countryside west of Y Bala. Upland Pasture and moorland with superb open views. Zone D	Moderate 8	Diane 01691 622651

Thurs 30/03/2017 10:00	Walking from Uckington, near Shrewsbury past the Roman town of Wroxeter. Zone B	Moderate 5	Peter & Ceinwen 01691 661714
Sun 02/04/2017 09:00	Early Start. A circular walk from Newtown to Ceri. Zone ?	Moderate 9	George 01691 718427
Sun 02/04/2017 10:00	From Llanrhaeadr-ym-Mochnant through fields and along quiet lanes. Zone B	Moderate 6	Jane Hudson 01691 780764
Thurs 06/04/2017 10:00	From Glyndyfrdwy up Nant-y-Pandy looking down on the gorge and return via old railway track. Zone B	Moderate 6.2	Gwen 01691 623362
Sun 09/04/2017 13:15	From Kinnerley walking along minor roads and fields, passing two chapels and returning back to village. Zone A	Easy 4	Pat H 01691 682272
Sun 09/04/2017 10:00	Welshpool – Llanerchydol – Y Golfa, footpaths, tracks and road. Zone B	Moderate 7	Dave 07816 293401
Thurs 13/04/2017 10:00	From Rhydygroesau up to the border stone marker and back via Pen-y-Gwely Reservoir. Zone A	Moderate 4.5	Kirsten 01691 652645
Sun 16/04/2017 09:30	Llangollen. A moderate plus walk, taking in the edge of attractive Pen-y-Coed. Field paths climbing steadily with superb views. Parking (£3.50) in Brook Street. Zone B	Moderate 6.5	Carole & David 01691 624643
Thurs 20/04/2017 10:00	Llanarmon DC. Good tracks and paths around Pen-y-Glog up to the ridge. Great views, reaching Llidiart-Cae-Hir. 5.5 miles Zone B	Moderate 5.5	Pat LG 01691 656132
Sun 23/04/2017 09:30	Alvenley around the Sandstone Edges of Helsby and Frodsham, with extensive views of the Industrial Mersey Estuary and more scenic views across to Snowdonia. Zone D	Moderate 8	Peter & Ceinwen 01691 661714
Thurs 27/04/2017 10:00	Llanrhaeadr YM via fields and lanes to Commins and back to the village. Zone B	Moderate 4.5	Jane Hudson 01691 780764
Sun 30/04/2017 08:30	EARLY START. A moderate plus walk in the Snowdonia National Park. Beddgelert, Cwm Bychan and the Aberglasyn Pass. Zone F	Moderate 8	Kirsten 01691 652645
Thurs 04/05/2017 10:00	From Llanarmon DC with a choice of 5 miles or an extension of 3.5 miles. Zone B	Moderate 5	George 01691 718427
Sun 07/05/2017 09:30	Brook Vessons: A lead miner's ghost settlement [google it] with giant trees. Return to the Stiperstone's Knoll car park [SO 369976] via Devil's Chair, etc. Zone C	Moderate 6.5	Graham 01691 689064
Thurs 11/05/2017 10:00	From Llangedwyn over fields to Hall and up through woodland to The Briw. Return via lanes. Zone B	Moderate 5.5	Maggie 07990 516469
Sun 14/05/2017 09:00	EARLY START. A Moderate walk from Llyn Celyn with a circuit of Carnedd y Filiast by Foel Boeth and Llechwedd Llyfyn. Zone E	Moderate 8	John & Diane 01691 622651
Sun 14/05/2017 13:15	Walk to be arranged	Easy 4	Averil 01691 662834
Thurs 18/05/2017 10:00	Rhydygroesau Woods. Climbing through the woods on good paths and tracks, good views of surrounding area at the top. Zone A	Moderate 4	Ron 01691 655212
Sun 21/05/2017 09:00	EARLY START. From Dolwyddelan a moderate figure of eight walk along the quiet Lledr Valley, using and passing intricate bridges with splendid views of Moel Siabod and a visit to the Dolwyddelan Castle. Zone F	Moderate 8	Gwen 01691 623362

Thurs 25/05/2017 10:00	From Acrefair a walk of 5.5 miles or, for the more energetic, 10 miles. Zone B	Moderate 5.5	George 01691 718427
Sun 28/05/2017 09:30	Glyndyfrdwy to the North Berwyn Way and Vivod Mountain. Zone B	Moderate 9	George 01691 718427
Thurs 01/06/2017 10:00	From Llanfechain along bridleway and lanes with one steep ascent. Zone B	Moderate 5	Jane Hudson 01691 780764
Sun 04/06/2017 10:00	From the Ponderosa we descend into the Eglwyseg Valley, after passing through the Hamlet of Pentre-Dwfr we cross open moorland then an ascent by road returns us to the Ponderosa. Zone B	Moderate 6	Pat LG 01691 656132
Sun 04/06/2017 08:30	EARLY START Elan Valley. A walk around the Caban Coch and Garreg Ddu reservoirs. Zone E	Moderate 9	George 01691 718427
Thurs 08/06/2017 10:00	Llanarmon DC. A moderate walk in unspoilt countryside to join a section of the Upper Ceiriog Way. Zone B	Moderate 5.5	Diane 01691 622651
Sun 11/06/2017 09:30	Some ascent visiting both the Iron age hillforts of Pennyclodiau and Moel Arthur. Good paths and 360 degree views. Zone C	Moderate 8	Diane & John 01691 622651
Sun 11/06/2017 13:15	A moderate walk from Craignant using Offa's Dyke. Zone A	Moderate 4	Linda & Colin 01691 679069/ 07545 382869
Thurs 15/06/2017 10:00	Chairman's walk on Sweeney Mountain. Some ascent fabulous views. Zone A	Moderate 5	Linda & Colin 01691 679069/ 07545 382869
Sun 18/06/2017 09:30	From Diddlebury (Wenlock Edge) – varied route with good views passing Christmas Common. Zone E	Moderate 7	Pat LG 01691 656132
Thurs 22/06/2017 10:00	Rednal to Grimpo, an easy four and a half miles along quiet lanes, fields and towpath. Zone A	Leisurely 4.5	Pat H 01691 682272
Sun 25/06/2017 09:30	The 09.30am No.2 bus from Oswestry Bus Station, alight at the bus shelter opposite The Hand Inn in Chirk 09.50am, to be met by your leader. A moderate walk through Chirk Castle grounds and the Ceiriog Valley, return via the Aqueduct.	Moderate 9	Chris J 01691 654066
Thurs 29/06/2017 08:00	Coach trip to Borth. Walk to Aberystwyth (approx 6.5 miles) to be met by the coach for the return journey.	Moderate 6.5	Gwen 01691 623362

Membership

Most walks listed here are primarily intended for Ramblers members. Non-members are welcome to join us as guests on two or three walks, though if you walk with the group regularly you will be expected to join the Ramblers. Membership forms are available from the Membership Secretary.

Your Responsibilities

All sporting & leisure activities have inherent hazards associated with them & rambling is no exception. Safety of participants in group walks is always the paramount concern; however, accidents will occasionally occur. It is important therefore, that when entering into the activity, each participant appreciates that they have a responsibility to identify the hazards associated with the activity and take all reasonable steps to eliminate or minimise the potential for an accident to arise. Please make sure that you are fit enough to undertake the walk you intend to join. If you are unsure of your fitness level, try a short walk first. Most walks are off road in rural areas. **Please have suitable footwear**

(normally boots) and clothing for the walk you intend to join, also you will need some food and drink. Leaders can refuse to accept participants who, in their opinion, are inadequately equipped or not sufficiently fit.

Accidents/Incidents

Any incident or accident however minor must be reported to a programme secretary within 7 days of the completion of the relevant walk. This instruction includes participants on recces.

Parish Paths Partnership [PPP]

The PPP group who are unpaid volunteers, assist Shropshire Council Countryside Services in the footpath maintenance programme, undertaking stile installation, footpath clearance and erection of waymarks. If you would like to assist, please ring Peter Carr on 01691 780722. It would also greatly help us in our efforts if all members took a pair of secateurs when they are on a walk and just snipped back any overhanging vegetation. This will stop paths getting completely blocked.

Path Problems

Path problems should be reported to the relevant council. For Shropshire Council report problems to Outdoor Partnerships; problem report forms can be found at <http://www.shropshire.gov.uk/media/213108/or-prow-problem-report.pdf>.

If you prefer you can inform the Footpath Secretary's (Chris Jenkins or Peter Carr) footpaths@oswestryramblers.org.uk as to the nature of the problem; giving the location, with grid reference if possible.

Postage Costs

The ever-increasing postage costs puts a strain on our group budget and uses money that would be better directed to campaigning to protect and improve our footpaths.

Over three-quarters of our group members already receive their programmes via email. For the group this reduces the cost of providing the programmes considerably and we thank them for this. For those members who do receive email programmes it enables us to provide information quickly and conveniently as to last minute changes to walks, of which there were several during the life of the last programme.

We ask that if you do have email, but don't currently receive your programme that way, please consider if you could receive future programmes by email and help us to contain costs and also keep you better informed as to group activities.

To receive programmes via email, simply send an email with subject line 'email programmes' to: enquiries@oswestryramblers.org.uk. In the body of the email please give your full name, postal address and if possible your telephone number.

Oswestry Group Committee

Responsibilities	Name and contact details
Chairman	Colin Chandler 01691 679069 chairman@oswestryramblers.org.uk
Vice Chairman	Peter Danby 01691 661714 chairman@oswestryramblers.org.uk
Secretary	Jackie Knight 01691 653541 enquiries@oswestryramblers.org.uk
Treasurer	Pat Harper 01691 682272 enquiries@oswestryramblers.org.uk
Footpath Secretary	Chris Jenkins 01691 654066 footpaths@oswestryramblers.org.uk
Publicity & Press	Peter Danby 01691 661714 publicity@oswestryramblers.org.uk
Programme co-ordination, publishing and Website	Jane Hadlow 01691 650470 programme@oswestryramblers.org.uk or webmaster@ oswestryramblers.org.uk
Thursday Programme	Ceinwen Danby 01691 661714 programme@oswestryramblers.org.uk
Sunday morning Programme	Diane Smith 01691 622651 programme@oswestryramblers.org.uk
Sunday afternoon Programme	Pat Harper 01691 682272 enquiries@oswestryramblers.org.uk
Area Council Rep	Colin Chandler 01691 679069 enquiries@oswestryramblers.org.uk
Walking Environment Officer	Bob Kimber 01691 679646 (email as above)
Membership Secretary	Barbara Pryce-Jones 07866 532979 enquiries@oswestryramblers.org.uk
Social	Barbara Pryce-Jones, Jane Hadlow (as above)
Ordinary committee member	Huw Jones 01691 658134
Ordinary committee member	Phil Pointon 01691 83621 / 07714 571295
Ordinary committee member	Maggie Hill 07990 516469
PPP Co-ordinator (non-committee)	Peter Carr 01691 780722 enquiries@oswestryramblers.org.uk

The Ramblers' Association is a registered charity (England & Wales no 1093577, Scotland no SC039799) and a company limited by guarantee, registered in England & Wales (no 4458492). Registered office: 2nd floor, Camelford House, 87-90 Albert Embankment,